



Summer Reflection

Read each prompt. After reflecting, write your answers to each question.

1 Think back to the beginning of last summer. How were you feeling about going back to school?



2 Now, walk yourself through the school year. Remember the first day. Your teachers. Your classmates. The workload. What highs and lows stand out?

3 Choose one highlight of the year. What do you think that "win" says about you? Is there a particular strength that propelled you toward that experience?



4 Choose one lowlight of the year. What do you think that lowlight taught you about yourself? Others? The world?

5 How do you want next year to be different? How can you use your new wisdom to create this change and make next year even better?

